

2026 AmeriHealth Caritas VIP Care NC (HMO-DSNP)

2026 Step Therapy Criteria

CURRENT AS OF 06/01/2026

anticonvulsant step therapy

Products Affected

- *levetiracetam tablet disintegrating soluble 250 mg oral*
- *levetiracetam tablet disintegrating soluble 500 mg oral*
- *perampanel suspension 0.5 mg/ml oral*
- *perampanel tablet 10 mg oral*
- *perampanel tablet 12 mg oral*
- *perampanel tablet 2 mg oral*
- *perampanel tablet 4 mg oral*
- *perampanel tablet 6 mg oral*
- *perampanel tablet 8 mg oral*
- RELGAABI CAPSULE 200 MG ORAL
- SPRITAM TABLET DISINTEGRATING SOLUBLE 250 MG ORAL
- SPRITAM TABLET DISINTEGRATING SOLUBLE 500 MG ORAL
- SYMPAZAN FILM 10 MG ORAL
- SYMPAZAN FILM 20 MG ORAL
- SYMPAZAN FILM 5 MG ORAL
- XCOPRI (250 MG DAILY DOSE) TABLET THERAPY PACK 100 & 150 MG ORAL
- XCOPRI (350 MG DAILY DOSE) TABLET THERAPY PACK 150 & 200 MG ORAL
- XCOPRI TABLET 100 MG ORAL
- XCOPRI TABLET 150 MG ORAL
- XCOPRI TABLET 200 MG ORAL
- XCOPRI TABLET 25 MG ORAL
- XCOPRI TABLET 50 MG ORAL
- XCOPRI TABLET THERAPY PACK 14 X 12.5 MG & 14 X 25 MG ORAL
- XCOPRI TABLET THERAPY PACK 14 X 150 MG & 14 X 200 MG ORAL
- XCOPRI TABLET THERAPY PACK 14 X 50 MG & 14 X 100 MG ORAL
- ZONISADE SUSPENSION 100 MG/5ML ORAL

Details

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| Criteria | ST applies to new starts only: Step 1: First line therapy should be a documented trial, failure, or contraindication of two generic anticonvulsants. Step 2: Once two generic anticonvulsants have been tried, failed, or contraindicated patients can receive therapy with Spritam, Sympazan, Xcopri, generic perampanel, Relgaabi, or Zonisade oral solution. |
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Formulary ID 26325

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antidepressant step therapy

Products Affected

- EXXUA TABLET EXTENDED RELEASE 24 HOUR 18.2 MG ORAL
- EXXUA TABLET EXTENDED RELEASE 24 HOUR 36.3 MG ORAL
- EXXUA TABLET EXTENDED RELEASE 24 HOUR 54.5 MG ORAL
- EXXUA TABLET EXTENDED RELEASE 24 HOUR 72.6 MG ORAL
- EXXUA TITRATION PACK TABLET EXTENDED RELEASE 24 HOUR 18.2 MG ORAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 120 MG ORAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 20 MG ORAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 40 MG ORAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 80 MG ORAL
- FETZIMA TITRATION CAPSULE ER 24 HOUR THERAPY PACK 20 & 40 MG ORAL

Details

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| Criteria | Step 1: First line therapy should be a documented trial, failure, or contraindication of two generic antidepressants. Step 2: Once two generic antidepressants have been tried, failed, or contraindicated patient can receive therapy with Fetzima or Exxua. |
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brinzolamide and dorzolamide-timolol PF step therapy

Products Affected

- *brinzolamide suspension 1 % ophthalmic* % ophthalmic
- *dorzolamide hcl-timolol mal pf solution 2-0.5*

Details

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| Criteria | Step 1: First line therapy should be a documented trial, failure, or contraindication of formulary dorzolamide or dorzolamide/timolol ophthalmic solution. Step 2: Once dorzolamide or dorzolamide/timolol ophthalmic solution has been tried, failed, or contraindicated the patient can receive therapy with brinzolamide or Dorzolamide-Timolol PF Ophthalmic Solution. |
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drizalma step therapy

Products Affected

- DRIZALMA SPRINKLE CAPSULE
DELAYED RELEASE SPRINKLE 20 MG
ORAL
- DRIZALMA SPRINKLE CAPSULE
DELAYED RELEASE SPRINKLE 30 MG
ORAL
- DRIZALMA SPRINKLE CAPSULE
DELAYED RELEASE SPRINKLE 40 MG
ORAL
- DRIZALMA SPRINKLE CAPSULE
DELAYED RELEASE SPRINKLE 60 MG
ORAL

Details

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|-----------------|--|
| Criteria | Step 1: First line therapy should be a documented trial, failure, or contraindication of generic formulary duloxetine. Step 2: Once generic formulary duloxetine has been tried, failed, or contraindicated the patient can receive therapy with drizalma. |
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febuxostat step therapy

Products Affected

- *febuxostat tablet 40 mg oral*
- *febuxostat tablet 80 mg oral*

Details

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| Criteria | Step 1: First line therapy should be a documented trial, failure, or contraindication of allopurinol tablet. Step 2: Once allopurinol tablet has been tried, failed, or contraindicated patients can receive therapy with Febuxostat. |
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netarsudil step therapy

Products Affected

- RHOPRESSA SOLUTION 0.02 %
OPHTHALMIC
- ROCKLATAN SOLUTION 0.02-0.005 %
OPHTHALMIC

Details

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|-----------------|---|
| Criteria | Step 1: First line therapy should be a documented trial, failure, or contraindication of latanoprost or travoprost. Step 2: Once latanoprost or travoprost has been tried, failed, or contraindicated patients can receive therapy with Rhopressa or Rocklatan. |
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ongentys step therapy

Products Affected

- ONGENTYS CAPSULE 25 MG ORAL
- ONGENTYS CAPSULE 50 MG ORAL

Details

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| Criteria | Step 1: First line therapy should be a documented trial, failure, or contraindication of entacapone or carbidopa-levodopa-entacapone. Step 2: Once entacapone or carbidopa-levodopa-entacapone has been tried, failed, or contraindicated patients can receive therapy with Ongentys. |
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savella step therapy

Products Affected

- SAVELLA TITRATION PACK 12.5 & 25
& 50 MG ORAL

Details

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|-----------------|---|
| Criteria | Step 1: First line therapy should be a documented trial, failure, or contraindication to duloxetine, milnacipran or pregabalin. Step 2: Once duloxetine, milnacipran or pregabalin has been tried, failed or contraindicated patients can receive therapy with Savella. |
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topical immunomodulators step therapy

Products Affected

- *pimecrolimus cream 1 % external*
- *tacrolimus ointment 0.03 % external*
- *tacrolimus ointment 0.1 % external*

Details

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| Criteria | Step 1: First line therapy should be a documented trial, failure, or contraindication of two topical corticosteroids. Step 2: Once two topical corticosteroids have been tried, failed, or contraindicated patients can receive therapy with generic pimecrolimus or generic topical tacrolimus. |
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urinary incontinence agents step therapy

Products Affected

- *darifenacin hydrobromide er tablet extended release 24 hour 15 mg oral*
- *darifenacin hydrobromide er tablet extended release 24 hour 7.5 mg oral*
- *trospium chloride er capsule extended release 24 hour 60 mg oral*

Details

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| Criteria | Step 1: First line therapy should be a documented trial, failure or contraindication of 2 of the following: oxybutynin, oxybutynin ER, trospium, tolterodine, tolterodine ER, fesoterodine ER, or solifenacin. Step 2: Once two of the medications listed in Step 1 have been tried, failed, or contraindicated, patients can receive therapy with trospium ER or darifenacin ER |
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xhance

Products Affected

- XHANCE EXHALER SUSPENSION 93 MCG/ACT NASAL

Details

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| Criteria | Step 1: First line therapy should be a documented trial, failure, or contraindication of generic fluticasone or mometasone nasal spray. Step 2: Once generic fluticasone or mometasone nasal spray have been tried, failed, or contraindicated patients can receive therapy with Xhance. |
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| <i>brinzolamide suspension 1 % ophthalmic</i> | 3 | <i>levetiracetam tablet disintegrating soluble</i> | |
| <i>darifenacin hydrobromide er tablet</i> | | <i>500 mg oral</i> | 1 |
| <i>extended release 24 hour 15 mg oral</i> | 10 | ONGENTYS CAPSULE 25 MG ORAL..... | 7 |
| <i>darifenacin hydrobromide er tablet</i> | | ONGENTYS CAPSULE 50 MG ORAL..... | 7 |
| <i>extended release 24 hour 7.5 mg oral</i> | 10 | <i>perampanel suspension 0.5 mg/ml oral</i> | 1 |
| <i>dorzolamide hcl-timolol mal pf solution 2-0.5 % ophthalmic</i> | 3 | <i>perampanel tablet 10 mg oral</i> | 1 |
| DRIZALMA SPRINKLE CAPSULE | | <i>perampanel tablet 12 mg oral</i> | 1 |
| DELAYED RELEASE SPRINKLE 20 MG | | <i>perampanel tablet 2 mg oral</i> | 1 |
| ORAL..... | 4 | <i>perampanel tablet 4 mg oral</i> | 1 |
| DRIZALMA SPRINKLE CAPSULE | | <i>perampanel tablet 6 mg oral</i> | 1 |
| DELAYED RELEASE SPRINKLE 30 MG | | <i>perampanel tablet 8 mg oral</i> | 1 |
| ORAL..... | 4 | <i>pimecrolimus cream 1 % external</i> | 9 |
| DRIZALMA SPRINKLE CAPSULE | | RELGAABI CAPSULE 200 MG ORAL..... | 1 |
| DELAYED RELEASE SPRINKLE 40 MG | | RHOPRESSA SOLUTION 0.02 % | |
| ORAL..... | 4 | OPHTHALMIC..... | 6 |
| DRIZALMA SPRINKLE CAPSULE | | ROCKLATAN SOLUTION 0.02-0.005 % | |
| DELAYED RELEASE SPRINKLE 40 MG | | OPHTHALMIC..... | 6 |
| ORAL..... | 4 | SAVELLA TITRATION PACK 12.5 & 25 | |
| DRIZALMA SPRINKLE CAPSULE | | & 50 MG ORAL..... | 8 |
| DELAYED RELEASE SPRINKLE 60 MG | | SPRITAM TABLET DISINTEGRATING | |
| ORAL..... | 4 | SOLUBLE 250 MG ORAL..... | 1 |
| EXXUA TABLET EXTENDED | | SPRITAM TABLET DISINTEGRATING | |
| RELEASE 24 HOUR 18.2 MG ORAL..... | 2 | SOLUBLE 500 MG ORAL..... | 1 |
| EXXUA TABLET EXTENDED | | SYMPAZAN FILM 10 MG ORAL..... | 1 |
| RELEASE 24 HOUR 36.3 MG ORAL..... | 2 | SYMPAZAN FILM 20 MG ORAL..... | 1 |
| EXXUA TABLET EXTENDED | | SYMPAZAN FILM 5 MG ORAL..... | 1 |
| RELEASE 24 HOUR 54.5 MG ORAL..... | 2 | <i>tacrolimus ointment 0.03 % external</i> | 9 |
| EXXUA TABLET EXTENDED | | <i>tacrolimus ointment 0.1 % external</i> | 9 |
| RELEASE 24 HOUR 72.6 MG ORAL..... | 2 | <i>trospium chloride er capsule extended</i> | |
| EXXUA TITRATION PACK TABLET | | <i>release 24 hour 60 mg oral</i> | 10 |
| EXTENDED RELEASE 24 HOUR 18.2 | | XCOPRI (250 MG DAILY DOSE) | |
| MG ORAL..... | 2 | TABLET THERAPY PACK 100 & 150 | |
| <i>febuxostat tablet 40 mg oral</i> | 5 | MG ORAL..... | 1 |
| <i>febuxostat tablet 80 mg oral</i> | 5 | XCOPRI (350 MG DAILY DOSE) | |
| FETZIMA CAPSULE EXTENDED | | TABLET THERAPY PACK 150 & 200 | |
| RELEASE 24 HOUR 120 MG ORAL..... | 2 | MG ORAL..... | 1 |
| FETZIMA CAPSULE EXTENDED | | XCOPRI TABLET 100 MG ORAL..... | 1 |
| RELEASE 24 HOUR 20 MG ORAL..... | 2 | XCOPRI TABLET 150 MG ORAL..... | 1 |
| FETZIMA CAPSULE EXTENDED | | XCOPRI TABLET 200 MG ORAL..... | 1 |
| RELEASE 24 HOUR 40 MG ORAL..... | 2 | XCOPRI TABLET 25 MG ORAL..... | 1 |
| FETZIMA CAPSULE EXTENDED | | XCOPRI TABLET 50 MG ORAL..... | 1 |
| RELEASE 24 HOUR 80 MG ORAL..... | 2 | XCOPRI TABLET THERAPY PACK 14 | |
| FETZIMA TITRATION CAPSULE ER 24 | | X 12.5 MG & 14 X 25 MG ORAL..... | 1 |
| HOUR THERAPY PACK 20 & 40 MG | | XCOPRI TABLET THERAPY PACK 14 | |
| ORAL..... | 2 | X 150 MG & 14 X200 MG ORAL..... | 1 |
| <i>levetiracetam tablet disintegrating soluble</i> | | | |
| <i>250 mg oral</i> | 1 | | |

XCOPRI TABLET THERAPY PACK 14
X 50 MG & 14 X100 MG ORAL.....1
XHANCE EXHALER SUSPENSION 93
MCG/ACT NASAL.....11
ZONISADE SUSPENSION 100 MG/5ML
ORAL..... 1