

# Medical Nutrition Therapy

Reimbursement Policy ID: RPC.0121.MIDS

Recent review date: 01/2026

Next review date: 12/2026

*AmeriHealth Caritas VIP Care reimbursement policies and their resulting edits are based on guidelines from established industry sources, such as the Centers for Medicare and Medicaid Services (CMS), the American Medical Association (AMA), state and federal regulatory agencies, and medical specialty professional societies. Reimbursement policies are intended as a general reference and do not constitute a contract or other guarantee of payment. AmeriHealth Caritas VIP Care may use reasonable discretion in interpreting and applying its policies to services provided in a particular case and may modify its policies at any time.*

*In making claim payment determinations, the health plan also uses coding terminology and methodologies based on accepted industry standards, including Current Procedural Terminology (CPT®); the Healthcare Common Procedure Coding System (HCPCS); and the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM), and other relevant sources. Other factors that may affect payment include medical record documentation, legislative or regulatory mandates, a provider's contract, a member's eligibility in receiving covered services, submission of clean claims, other health plan policies, and other relevant factors. These factors may supplement, modify, or in some cases supersede reimbursement policies.*

*This reimbursement policy applies to all health care services billed on a CMS-1500 form or its electronic equivalent, or when billed on a UB-04 form or its electronic equivalent.*

*To the extent that any procedure and/or diagnosis codes are specified in this policy, such inclusion is provided for reference purposes only, may not be all inclusive, and is not intended to serve as billing instructions. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state, or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.*

## Policy Overview

This policy addresses AmeriHealth Caritas VIP Care guidelines for reimbursement of Medical Nutrition Therapy (MNT) and Diabetes Self-Management Training (DSMT).

## Exceptions

N/A

## Reimbursement Guidelines

AmeriHealth Caritas VIP Care guidelines Michigan will consider reimbursement of MNT and DSMT services reported on claim form CMS-1500 or CMS-1450 when all the following criteria are met.

- Services are rendered by a registered dietician (RD) or nutrition professional,
- Services are reported in conjunction with a covered diagnosis, and
- Services do not exceed the allowable frequency.

Medical Nutrition Therapy 97802 should be used once for the initial assessment of a new patient. All subsequent visits must be billed using procedure codes 97803 for individual sessions or 97804 for group sessions. Only one MNT procedure code may be billed per date of service, regardless of modifier.

Medical Nutrition Therapy (MNT) services are covered only when rendered by qualified healthcare professionals who are credentialed as registered dietitians or licensed nutritionists.

HCPCS and CPT procedure codes for Medical Nutrition Therapy and Diabetes Self-Management Training services are as follows:

Procedure Code	Description
97802	Medical nutrition therapy; initial assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97803	Medical nutrition therapy; re-assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97804	Medical nutrition therapy; group (2 or more individual(s), each 30 minutes
G0108	Diabetes outpatient self-management training services, individual, per 30 minutes
G0109	Diabetes outpatient self-management training services, group session (two or more), per 30 minutes
G0270	Medical nutrition therapy; reassessment and subsequent intervention(s) following second referral in same year for change in diagnosis, medical condition, or treatment regimen (including additional hours needed for renal disease), individual, face-to-face with the patient, each 15 minutes.
G0271	Medical nutrition therapy, reassessment, and subsequent intervention(s) following second referral in same year for change in diagnosis, medical condition, or treatment regimen (including additional hours needed for renal disease), group (2 or more individuals), each 30 minutes.
G2025	Payment for a telehealth distant site service furnished by a rural health clinic (RHC) or federally qualified health center (FQHC) only. For insulin injection training.

Refer to CPT/HCPCS manuals for complete descriptions of procedure codes and their modifiers, and to the ICD-10-CM manual for guidelines and descriptions of diagnoses and other conditions.

## Definitions

### Medical Nutrition Therapy (MNT)

MNT is specialized nutrition-based education and support provided by a nutrition professional to help manage diabetes, kidney disease, or other nutrition related diagnoses.

## Diabetes Self-Management Training (DSMT)

DSMT services teach Medicare members with diabetes to manage their diabetes with diet, exercise, medication, monitoring of blood sugar, risk reduction, and setting and tracking their individual goals.

### Edit Sources

- I. Current Procedural Terminology (CPT)
- II. Healthcare Common Procedure Coding System (HCPCS)
- III. International Statistical Classification of Diseases and Related Health Problems (ICD), and associated publications and services.
- IV. Centers for Medicare and Medicaid Services (CMS)- <https://www.cms.gov/Regulations-and-Guidance/Guidance/Transmittals/Downloads/R2636CP.pdf>
- V. Centers for Medicare and Medicaid Services (CMS), Physician Fee Schedule- <https://www.cms.gov/medicare/physician-fee-schedule/search?Y=0&T=4&HT=0&CT=3&H1=22852&M=5>

### Attachments

N/A

### Associated Policies

RPC.0008.MIDS Telehealth  
RPC.0015.MIDS Federally Qualified Health Center  
RPC.0025.MIDS Frequency

### Policy History

12/2025	Reimbursement Policy Committee Approval
04/2025	Revised preamble
04/2024	Revised preamble
08/2023	Removal of policy implemented by AmeriHealth Caritas VIP Care guidelines from Policy History section
01/2023	Template Revised <ul style="list-style-type: none"><li>• Revised preamble</li><li>• Removal of Applicable Claim Types table</li><li>• Coding section renamed to Reimbursement Guidelines</li><li>• Added Associated Policies section</li></ul>