

Over-the-Counter (OTC) and Grocery Catalog

Better health starts here.



2025

Great choices to help you stay healthy.

Original Neosporin
24-Hr Infection
Protection Ointment
Units | 1 oz



\$14.00

Code 3832

BAND-AID
Adhesive Bandage
with Flexible Fabric,
All-One-Size
Units | 100



\$15.00

Code 3713

Halls
Cherry Cough Drops
Units | 30



\$6.00

Code 6155

Tylenol
Regular Strength
Tablets, 325mg
Units | 100



\$15.50

Code 3864

Motrin
Ibuprofen Coated
Caplets 200 mg
Units | 100



\$17.00

Code 3858

Salonpas
Lidocaine Gel Pain
Relieving Patch
Units | 6



\$16.50

Code 2262

**Colgate Triple
Action, 3 Pack**
Toothpaste, Mint
Units | 6 oz



\$13.00

Code 3749

21st Century Sentry
Senior Multivitamin
Mineral Tablets
Units | 100



\$9.00

Code 1261

Benadryl
Allergy Ultratabs
25mg
Units | 48



\$14.50

Code 6160

SparkleFresh
Denture Adhesive
Cream
Units | 2.4 oz



\$9.00

Code 2227

Welcome to &more™!

Bridging the gap between the cost of living and living healthier.

As a member of **AmeriHealth Caritas VIP Care (HMO-SNP)**, you have access to OTC and grocery benefits through &more. Your health and well-being are our top priority and we are committed to getting you the resources you need to live a healthier life.

That starts with your OTC and grocery benefit allowance.

Use this benefit to help cover the cost of your OTC, wellness, and food products that can help you stay healthy.

And most importantly, be sure to use these benefit dollars. We want you to take advantage of this benefit and use it to buy the things you need to stay happy and healthy!

Your &more card is all you need to access all these benefits



Over-the-Counter (OTC) • Food/Produce • Rent
Utilities • Pet Care • Pest Control • Transportation



Rewards &
Incentives

\$320 every month
up to **\$3,840 per year**

Unused benefits do not roll over so be sure
to use your allowance each month.

up to
\$425
per year

 Before you can start spending in January, you'll need to activate your card.



3 easy ways to activate

- 1 Text **ACTIVATE** to **53746**
- 2 Go to andmorehealth.com/caritaspa
- 3 Call **1-855-AND-MORE;**
(1-855-263-6673; TTY 711)

*Message and data rates may apply. Message frequency varies. Reply HELP for help and STOP to opt-out. Subject to our SMS Policy which can be found at andmorehealth.com/sms-policy.

TABLE OF CONTENTS

Three easy ways to shop!	4
How to use your benefit allowance	6
Rewards & Incentives.....	8
Download the andmore mobile app.....	9
Helpful information	10

Medications Over the Counter

Allergy & Sinus	11
Anti-Fungal & Anti-Itch.....	12
Cough, Cold, and Flu	12
Medication Aids	13
Medicated Treatments	13
Pain & Fever Relief.....	14
Sleep Aids.....	15
Smoking Cessation	15
Stomach Remedies	16

First Aid

Antibiotics & Antiseptics.....	17
Bandages.....	18
Dressings & Gauze	18
First Aid Kits	19

Home Diagnostics

Blood Pressure & Accessories	19
Measuring Devices	19
Thermometers & Accessories.....	19
Test Kits.....	20
Glucose Monitoring & Accessories.....	20

Home Health Care

Home Health Care	20
------------------------	----

Personal Care

Oral Care	21
Lip Balms & Treatments	22
Cotton Swabs.....	22
Wipes & Cloths.....	23
Hand Sanitizers & Wipes	23
Skin Care & Hair Care.....	23
Feminine Care	23
Sunscreens	24
Compression Garments.....	24
Foot Care	25
Eye Care	25
Ear Care.....	26
Repellents	26

Vitamins & Supplements

Multivitamins.....	26
Letter Vitamins	27
Digestive Health.....	27
Antioxidants	27
Supplements.....	28
Minerals.....	28
Amino Acids	29

Physical Therapy

Hot & Cold Therapies	29
Daily Living Aids.....	29
Braces & Supports	30
Fitness Technology.....	31
Exercise Bands, Balls, & Tubing.....	31
Hand Therapy	31
Strength Training.....	31

Protection Wear

Face Covering	32
Apparel	32

Incontinence

Briefs	32
Underpads.....	32
Protective Underwear	33
Bladder Pads	33
Liners	33

Mobility

Bathroom Safety Equipment	34
Canes, Rollators, & Accessories.....	34

Nutrition

Medical Nutrition	35
-------------------------	----

Grocery

Canned Goods & Instant Foods	36
Beverages.....	37
Cereals & Oatmeal	37
Condiments & Sauces.....	38
Prepackaged Meals.....	38
Grains & Pasta.....	40

Keep this catalog handy.

It contains valuable information about how to use your benefit and what kinds of products you can buy with it.

Three easy ways to shop OTC and Grocery!



1-Shop in-store

Use your card at participating retailers like:

- Albertsons
- CVS*
- Kroger
- Walmart
- Walgreens

**Excluding CVS in Target*



To see a full list of participating retailers, please go to:

- andmorehealth.com/caritaspa
- [download the andmore mobile app](#)
- [or call 1-855-AND-MORE \(1-855-263-6673; TTY 711\)](tel:1-855-AND-MORE)

This catalog is a great way to review the types of products you may purchase using your OTC and Grocery benefit. There are even more options in-store.

Use your &more card at checkout just like any other card. If you are prompted credit or debit, choose credit. If you are required to use as debit and must enter a PIN, use **0000**.



2-Shop Online

It's easy to shop online.

You can shop online at andmorehealth.com/caritaspa or on the andmore mobile app. On your benefits page, click "**Shop OTC**" and you'll be redirected to an online store with items available to purchase.



3-Shop By Phone

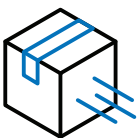
If you'd prefer to place an order over the phone, we are here to help.

1. Call **1-855-AND-MORE (1-855-263-6673; TTY 711)**.

We're here Monday-Friday, 8am-8pm, local time, excluding holidays.

2. Let us know the names and numbers of the items you'd like to order.

3. Orders are shipped free of charge and usually arrive within several days.



Either way you choose, it's delivered straight to you.

How to use your monthly allowance for other benefits

\$320 per month

You qualify for up to **\$3,840** per year to spend as you wish on OTC and grocery items in this catalog, plus pet care, pest control, transportation, utilities, and rent reimbursement.

OTC and Grocery

You can use your benefit to buy select OTC, food, and produce items at some of your favorite retailers like Kroger, Albertsons, CVS, Walgreens, Walmart and more. You may also shop online at andmorehealth.com/caritaspa

Before shopping in-store, visit andmorehealth.com/caritaspa or the andmore app to:

- View approved grocery items, such as fruits, vegetables, eggs, milk, and bread
- Browse eligible OTC products, including allergy relief, cold medicine, and dental care items
- Use the store finder tool to find stores near you

Helping to cover the cost of pet supplies

You love your pet. We do, too. Your benefit allowance may be used to help care for your pet. Shop in-store for eligible pet supply items such as food, litter, or accessories at some of your favorite retailers like Kroger, Albertsons, Hy-Vee, CVS, Walgreens, Walmart and more. You may also use it at places like PetSmart, Petco, Chewy, or Pet Supplies Plus.

For a full list of eligible retailers, go to the member portal andmorehealth.com/caritaspa or download the andmore mobile app.

Helping to cover the cost of pest control

Pests aren't just a nuisance, they can be a health hazard. Your benefit allowance may be used in-store to shop for eligible pest control items such as traps, sprays, and repellants at some of your favorite retailers like Kroger, Albertsons, Hy-Vee,

CVS, Walgreens, Walmart and more. You may also use your benefit allowance wherever Mastercard is accepted to purchase in-home pest control services with exterminators such as Terminix, Orkin, and many other local pest control services.

Helping you get from place to place

Sometimes the barrier to better health is as simple as access to transportation.

Your benefit allowance may be used wherever Mastercard is accepted to help pay for transportation services such as taxis, many forms of public transportation, like subways, trams, busses, and even rideshare services such as Uber and Lyft.

Helping to cover the cost of utilities

Your benefit allowance may be used to help pay for basic services for your home, like your water, electric, and gas bills. You may also use this allowance to help cover the cost of your internet bills. Making your payments using your &more card is easy.

Use your card like you would any other Mastercard® for these services.

- Call your utility provider and use your card as a form of payment.
- Enter your &more card number on your bill or online.

If your remaining available benefit balance doesn't cover the full amount, you'll need to speak to your service provider to submit a secondary payment method. And do note, some service providers may charge a service fee if you pay with a debit card or use 2 forms of payment.

Helping to cover the cost of rent

You may use your benefit allowance as rent reimbursement.

Call **1-855-AND-MORE (1-855-263-6673; TTY 711)**.

We're here Monday - Friday, 8am-8pm, local time, excluding holidays.

You'll need:

A copy of your lease

A copy of your paid receipt

If your service provider does not accept the card, call us at **1-855-AND-MORE (1-855-263-6673; TTY 711)**, Monday – Friday, 8am-8pm, local time, excluding holidays

Rewards & Incentives

up to **\$425** per year

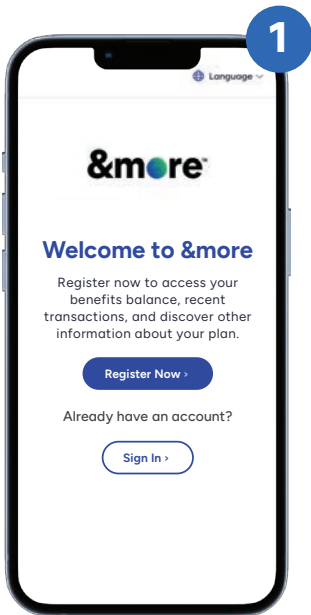
Your health matters so much to us, we will reward you for taking good care of it. You can earn rewards for up to **\$425** this year for completing these important health screenings.



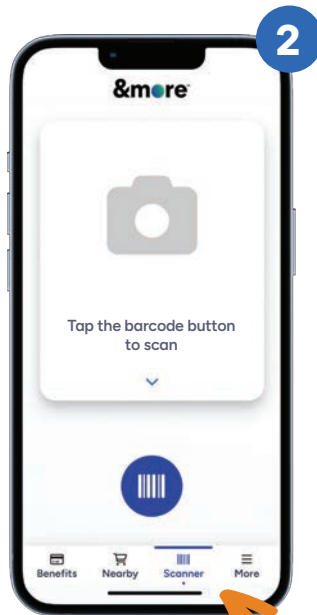
Medicare Annual Wellness Visit	\$50
Breast Cancer Screening	\$25
Colonoscopy or Cologuard [®]	\$50
Fecal Immunochemical Test (FIT) Kit and Fecal Occult Blood Test (FOBT)	\$25
Retinal Eye Exam	\$50
HbA1c Lab Test (up to 2 times per year)	\$25
Kidney Testing (urine and blood tests)	\$25
Flu Vaccine (up to 2 times per year)	\$25
Bone Density (DEXA) Scan	\$25
Health Risk Assessment (HRA)	\$25
Healthy/Measures/Member Events	\$35
New Member Orientation Event	\$15

Visit andmorehealth.com/caritaspa to learn about how to earn rewards for taking care of your health.

Scan this QR code to download the andmore mobile app



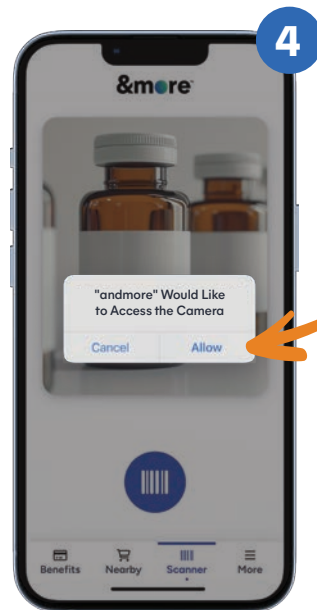
1. Open the andmore mobile app and sign in. If it is your first time, you will need to register.



2. Tap the **scanner** button at the bottom of the screen.



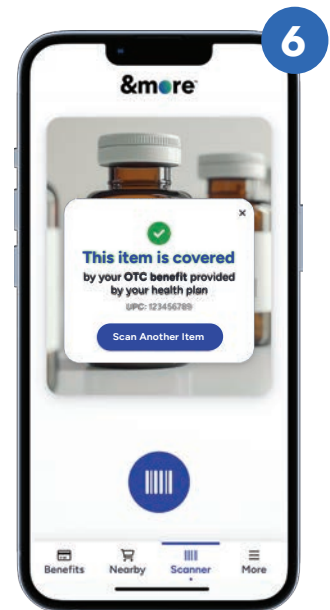
3. Tap the **blue camera button**.



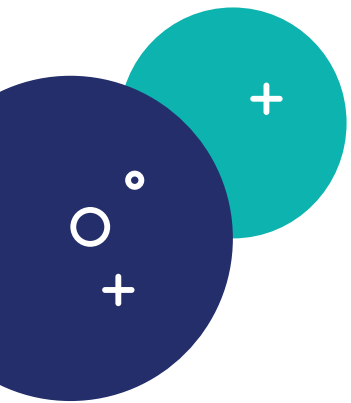
4. The first time you use the item scanner you will need to accept the camera permissions. **Choose allow.**



5. Point your camera at the barcode.



6. The app will notify you when the item is recognized and whether it's covered.





Helpful information

Your benefits and allowances depend on your plan.

To know your up-to-the-minute available benefit balance, simply text **BALANCE** to **53746**. You can also review your Evidence of Coverage to find your plan details.

There are hundreds of health and wellness products

that you can choose from in this catalog and in-store. Use the mobile app when you shop to check if an item is covered.

You do not need a prescription to get eligible OTC

products, but it's always a good idea to talk to your doctor before you try a new product.

Some items in this catalog under certain circumstances may be covered under either Part B or Part D.

When an item is covered by Part B or Part D due to particular circumstances, you would not use your Part C Supplemental OTC benefit to obtain this item because it is Medicare-covered in those circumstances. Please refer to your plan materials for more information on what items are covered by your plan.

Some items in this catalog are medicines and products that can be used for either a medical condition or for general health and well-being.

These items may be purchased only after discussing the purchase with your personal provider or satisfying other requirements your plan may specify - please refer to your plan materials for more information.

Allergy & Sinus

Whether seasonal allergies have you sniffing or the neighbor's cat is making you itch, allergy and sinus medications can help you feel better and get you back to your daily routine.

Benadryl
Allergy Ultratabs
25mg
Units | 48



\$14.50

Code 6160

Claritin
24-Hour Allergy
Relief Tablets
10 mg
Units | 30



\$35.00

Code 3842

Flonase
24-Hour Allergy
Relief Nasal Spray
72 Sprays
Units | 1



\$21.50

Code 6665

Allegra
24-Hour
Allergy Tablets
180 mg
Units | 30



\$30.00

Code 6031

Code	Description	Units	Price
5008	CURAD Breathe Clear Nasal Strips	30	\$12.00
1776	Diphenhydramine Allergy Relief Tablets 25mg	100	\$6.00
1015	Fexofenadine 24-Hour Allergy Relief Tablet	30	\$16.00
1024	Fluticasone Propionate Nasal Spray 50mcg	1	\$17.00
1013	Loratadine 24-Hr Non-Drowsy Allergy Relief Tablets	30	\$4.00
1029	Max Strength Phenylephrine Nasal Decongestant Tablets 10mg	36	\$5.00
1012	Medline Cetirizine Antihistamine Allergy Tablets 10mg	90	\$12.00
6028	Major 12-Hour Nasal Decongestant Spray	30 ml	\$5.00
1033	Reliable-1 Saline Nasal Spray	3 oz	\$8.50
3829	Vicks Sinex Saline Ultra Fine Nasal Mist	5 fl oz	\$13.00
3940	Vicks VapoInhaler, Menthol Scent	2	\$13.50

Anti-Fungal & Anti-Itch

Code	Description	Units	Price
6035	Benadryl Extra Strength Topical Cream, 2%	1 oz	\$8.50
7376	Calamine Lotion	6 oz	\$7.00
3767	Cortizone 10 Max Strength Cream	2 oz	\$11.25
1059	CURAD Hydrocortisone Cream, 1%	1 oz	\$4.50
1045	Dr. Sheffield Anti-Itch Diphenhydramine Cream	1.2 oz	\$5.00
1143	Dr. Sheffield Antifungal Cream Tolnaftate 1%	1.25 oz	\$5.00
7910	Kerasal Fungal Nail Renewal	0.33 oz	\$31.00
1245	Medline Remedy Phytoplex Antifungal Powder	3 oz	\$7.00
3707	Medline Remedy Phytoplex Antifungal Ointment	2.5 oz	\$12.00

Cough, Cold, and Flu

When it's that time of year, it's hard to stay healthy. Cough, cold, and flu medicines can help treat your symptoms to make it easier to feel yourself. Keep some on hand so that you can feel better faster.

Vicks VapoRub

Original Cough Suppressant Topical Analgesic Ointment
Units | 3.53 oz



\$12.00

Code 3833

Halls

Cherry Cough Drops
Units | 30



\$6.00

Code 6155

Mucinex

Extended Release Tablet, 600 mg
Units | 20



\$21.00

Code 6686

Medications Over the Counter | Cough, Cold, and Flu

Code	Description	Units	Price
2079	Chlorpheniramine 4mg + Dextromethorphan 30mg Tablets	16	\$5.00
3869	Coricidin High Blood Pressure Cold and Flu Relief Tablets	20	\$11.00
2251	Cough and Cold Mucinex, DM, Adult	6 oz	\$19.00
3708	Geri-Tussin DM Guaifenesin Syrup with Dextromethorphan	16 oz	\$10.00
3700	GeriCare Geri-Tussin Guaifenesin Syrup 100mg	16 oz	\$8.50
1018	GoodSense Cold Max Day/Night Cold Relief Tablets	20	\$8.00
1020	GoodSense Cough Drops, Cherry	30	\$4.50
6187	GoodSense Cough Drops, Menthol	30	\$5.50
1600	GoodSense Cough Drops, Menthol Honey Lemon	30	\$3.00
1867	GoodSense Day Cold Flu Multi-Symptom Liquid	12 oz	\$8.00
1870	GoodSense Nighttime Cough Cold Flu Medicine	12 oz	\$8.50
1028	Guaifenesin Mucus Relief Tablet 400mg	100	\$6.00
3908	Luden's Wild Cherry Cough Drops	90	\$11.00
1602	Major Sugar-Free Cherry Sore Throat Spray	6 oz	\$7.00
1026	Medicated Chest Rub	3.53 oz	\$4.00
6671	Mucinex DM 12-Hr Expectorant & Cough Suppressant Tablets	20	\$19.50
5030	Robafen CF Multi-Symptom Cough & Cold Medicine	4 oz	\$6.00
6188	Simply Cough Drops, Sugar-Free, Honey Lemon	25	\$3.00

Medications Over the Counter | Medication Aids

Medication Aids

Medline

Medicine Pill Bottle Opener
with Magnifying Glass
Units | 1



\$4.00

Code 1986

Medline

7-Day Pill Organizer
Multicolor 2X/Day
Units | 1



\$9.00

Code 1698

Medline

Combo Medication Pill
Crusher and Splitter
Units | 1



\$11.00

Code 1984

Medications Over the Counter | Medicated Treatments

Medicated Treatments

Code	Description	Units	Price
1241	Rugby Benzoyl Peroxide 10% Gel, 1.5 oz.	1	\$8.00

Pain & Fever Relief


Experiencing pain and fever aren't just uncomfortable, they can ruin your day and disrupt your activities. Feel better faster and use your OTC benefits... there are dozens of products designed to help you feel better.

Advil
Tablets 200mg
Units | 24




\$14.00 Code 2239

Tylenol Extra Strength
Caplets 500mg
Units | 100



\$17.50 Code 3874

Bayer Low-Dose
Aspirin, 81 mg
Units | 300



\$24.50 Code 3850

Code	Description	Units	Price
1207	Acetaminophen / Aspirin / Caffeine Pain Relief Tablet 250mg	100	\$8.00
2301	Acetaminophen PM Extra-Strength Caplets 500mg	100	\$9.00
7426	Acetaminophen Caplets 500 mg	100	\$5.00
2033	ActivICE Topical Pain Reliever Roll-On	3 oz	\$13.50
1886	After Bite Bug Itch Relief Pen	0.5 oz	\$9.00
3844	Aleve PM Pain Reliever/Sleep Aid Caplets with Soft Grip Arthritis Cap, 220mg	80	\$25.00
3821	Aspercreme Lidocaine 4% Cream	4.3 oz	\$16.50
3724	Avadim Theraworx Topical Pain Relief Spray	7.1 oz	\$22.50
3823	Biofreeze Pain Relieving Gel Roll-On	2.5 oz	\$16.00
1712	Beyond BodiHeat 12-Hour Pain Relief Heat Pads	4	\$9.00
1192	Capsaicin Analgesic Pain Relief Cream	2.1 oz	\$15.00
1708	CareAll Muscle Joint Vanishing Scent Gel Menthol	3 oz	\$5.50
1714	Cooling Migraine Headache Pads	3	\$7.00
6172	Diclofenac Sodium Topical Gel, 1%	100 g	\$15.00
1160	Dr. Sheffield's Oral Toothache Relief Gel	.33 oz	\$6.00
3873	Excedrin Migraine Caplets	100	\$18.00
1257	GeriCare Aspirin Tablets 325mg	100	\$5.00
1186	GoodSense Arthritis Pain Acetaminophen Extra Strength Tablets, 650mg	100	\$13.00
1195	GoodSense Hemorrhoid Ointment	2 oz	\$5.00
1904	GoodSense X-Strength Medicated Cold/Hot Patch Large	5	\$7.50

Medications Over the Counter | Pain & Fever Relief

Code	Description	Units	Price
1191	Low-Dose Enteric-Coated Aspirin Tablet 81mg	300	\$9.00
2034	Medline ActivICE Topical Pain Reliever Spray	4 oz	\$14.00
1190	Medline Adult Low-Dose Enteric Aspirin Tablet 81mg	120	\$3.00
1715	Medline Chewable Aspirin Tablets 81mg	36	\$3.00
4201	Medline Ibuprofen Tablets 200mg	100	\$6.00
1205	Medline Naproxen Sodium Tablet 220mg	100	\$8.00
3858	Motrin IB Ibuprofen Coated Caplets 200 mg	100	\$17.00
3859	Motrin IB Tablets	50	\$12.00
3751	Orajel 4x Cream for Teeth and Gums	.33 oz	\$16.00
3909	Preparation H Medicated Wipes	48	\$9.00
2262	Salonpas Lidocaine Gel Pain Relieving Patch	6	\$16.50
7437	TheraCare Max Strength Pain Relief 4% Lidocaine Patch	5	\$10.00
2050	TriDerma Pain Relief Cream	4 oz	\$19.50
6034	Tylenol 8 Hr Muscle Aches and Pain Caplets, 650mg	100	\$18.00
3864	Tylenol Regular Strength Tablets, 325mg	100	\$15.50
1209	Ultra Strength Muscle Rub Cream	3 oz	\$9.00

Medications Over the Counter | Sleep Aids

Sleep Aids

Vicks ZzzQuil Nighttime
Sleep Aid Liquicaps
Units | 48



\$20.00

Code 3904

Vicks ZzzQuil Nighttime
Sleep Aid Liquicaps
Units | 24



\$16.00

Code 6112

Medications Over the Counter | Smoking Cessation

Smoking Cessation

Code	Description	Units	Price
6128	14mg Nicotine Patch	14	\$29.50
6127	21mg Nicotine Patch	14	\$31.00
6129	7mg Nicotine Patch	14	\$29.50

Stomach Remedies


Whether your stomach is tied up in knots or your heart feels on fire, these products will get you back in balance.

Imodium
Anti-Diarrheal
Caplets
Units | 24




\$17.00 Code 6102

Nexium
24-Hr
Delayed Release
Capsules 20mg
Units | 14



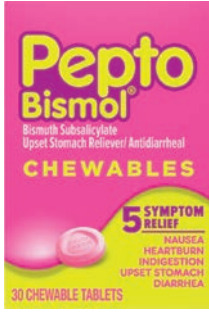
\$18.50 Code 2253

Pepcid
AC Maximum
Strength
Tablets 20mg
Units | 50



\$32.00 Code 6104

Pepto Bismol
Chewable Tablets,
Original Flavor
Units | 30



\$8.50 Code 3863

Code	Description	Units	Price
4144	Bisacodyl Laxative Tablets 5mg	100	\$5.00
1240	Docusate Sodium Stool Softener Softgel 100mg	100	\$6.00
2247	Esomeprazole Delayed-Release Magnesium Capsule 20mg	14	\$11.00
6148	Famotidine Acid Reducer Heartburn Tablets 10mg	30	\$7.00
2055	Flavored Extra Strength Alkum Antacid Tablets 750mg	96	\$5.00
1218	Flavored Reg Strength Alkum Antacid Tablets 500mg	150	\$6.00
5004	Formula EM Liquid - Anti-Nausea Liquid Medicine Cherry	4 oz	\$8.00
1231	GeriCare Milk of Magnesia	12 oz	\$8.00
1731	GeriCare Simethicone Chewable Gas Relief Tablets 80mg	100	\$6.00
2060	GoodSense ClearLax Powder Laxative	17.9 oz	\$16.50
6098	GoodSense Driminate Motion Sickness Tablets 50mg	12	\$4.00
1216	GoodSense Effervescent Antacid + Pain Relief Tablets	36	\$7.00
1221	Guardian Pink Bismuth Stomach Relief Liquid	8 oz	\$6.00
5063	Loperamide Anti-Diarrheal Caplets 2mg	12	\$3.50

Medications Over the Counter | Stomach Remedies

Code	Description	Units	Price
6113	Loperamide Hydrochloride Caplets	24	\$4.00
1732	Major Lactase Dairy Digestive Aid Caplets	60	\$9.00
2070	Meclizine Anti-Nausea Motion Sickness Tablet 25mg	8	\$3.50
1237	Medline Pure & Gentle Saline Enema Laxative	4.5 oz	\$4.00
1234	Medline Senna Natural Vegetable Laxative Tablets 8.6mg	100	\$5.50
2059	Omeprazole Delayed-Release Antacid Capsules 20mg	42	\$17.50
7909	Pepto-Bismol Multi Symptom Liquid	16 oz	\$16.00
3691	Pink-Bismuth Tablets Original Flavor	30	\$7.00
3910	Tums Smoothie Chewable Tablets, Assorted Fruit	140	\$18.00
6725	Tums Assorted Fruit Chewable Tablets	96	\$8.00
5061	Ultra Strength Simethicone Gas Softgels 180mg	60	\$11.00

First Aid | Antibiotics & Antiseptics

Antibiotics & Antiseptics

Keep scrapes and cuts clean with antibiotics and antiseptic creams to protect against infection. It's always good to keep on hand, because you never know when you'll need it.

Original Neosporin
24-Hr Infection
Protection Ointment
Units | 1 oz



\$14.00

Code 3832

CURAD
Triple First Aid
Antibiotic Ointment
Units | 1 oz



\$4.00

Code 1083

Code	Description	Units	Price
1053	Bacitracin + Zinc Ointment	1 oz	\$3.00
6013	Hydrogen Peroxide, 3%	8 oz	\$3.50
3853	CURAD Medium 2-Ply Sterile Alcohol Prep Pad	100	\$3.00
1046	Medi-First Antiseptic Spray	2 oz	\$5.50
6008	Medline Burn Spray, Pain-Relief No-Sting	4 oz	\$8.50
1044	Medline Isopropyl Alcohol Prep Pad, 1.125" x 2.375"	200	\$5.00
1077	Povidone Iodine Prep Solution	4 oz	\$6.00

Bandages

Bandages can help your cuts heal faster. Pick from a wide variety of bandages, because they come in all shapes and sizes and you never know which one you'll need until you need it.

BAND-AID

Adhesive Bandage with Flexible Fabric,
All-One-Size
Units | 100



\$15.00

Code 3713

CURAD

Adhesive Bandage Variety Pack
Units | 200



\$14.00

Code 1891


Code	Description	Units	Price
1057	CURAD FlexSEAL Spray Bandage	1.35 oz	\$8.00
1043	CURAD Plastic Waterproof Bandages, 1" x 3"	100	\$6.50
6015	CURAD Premium Nonsterile Cohesive Bandages, 2" x 5 yd.	1	\$3.00
1638	CURAD QuickStop! Bandages Assorted Sizes	30	\$7.50
1641	CURAD Plastic Adhesive Bandages, 2" x 4"	50	\$8.50
3343	CURAD Waterproof Butterfly Bandages	12	\$4.00
1439	Firm-Wrap Short Stretch Bandage 3.15" x 5.47 yd.	1	\$8.50
1513	Medline Protective Arm Sleeve White 18"	1	\$30.00
1514	Medline Protective Leg Sleeves White 15"	2	\$25.00

Dressings & Gauze

Code	Description	Units	Price
1916	CURAD 25-Piece Wound Care Kit	1	\$10.00
1637	CURAD Sterile Nonstick Pad Medium 3" x 4"	20	\$9.00
1068	Medline Caring St Cotton Gauze Bandage 4.5" x 4.1yd.	1	\$2.00
1929	Medline Sterile Conform Stretch Gauze Bandage 4" x 75"	1	\$2.00
1066	Medline Transparent Adhesive Tape, 2" x 10 yd.	1	\$4.00

First Aid Kits

CURAD
175-Piece Complete
First Aid Kit
Units | 1



\$15.00

Code 1056

CURAD
30-Piece Mini
First Aid Kit
Units | 1



\$4.00

Code 3435

Home Diagnostics | Blood Pressure & Accessories

Blood Pressure & Accessories

Code	Description	Units	Price
6570	Digital Blood Pressure Cuff, Wrist	1	\$40.00
3704	Medline Deluxe Digital Wrist Blood Pressure Monitor	1	\$35.00

Home Diagnostics | Measuring Devices

Measuring Devices

Code	Description	Units	Price
1087	Conair Digital Food Scale, 11lb Capacity	1	\$25.00
6022	SmartHeart Economy Pulse Oximeter	1	\$36.00

Home Diagnostics | Thermometers & Accessories

Thermometers & Accessories

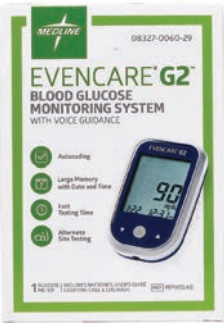
Code	Description	Units	Price
1094	Medline Infrared No-Touch Forehead Thermometer	1	\$52.00
1089	Medline Oral Digital Thermometer	1	\$6.00

Test Kits

Code	Description	Units	Price
3721	HealthyMe UTI Test Strips	3	\$8.00

Glucose Monitoring & Accessories

EVENCARE
G2 Blood Glucose Monitoring System Starter Kit
Units | 1



\$39.00 Code 6023

EVENCARE
G2 Blood Glucose Test Strips
Units | 50



\$11.50 Code 3712


Medline
Safety Lancet Push-Button
28G x 1.6mm
Units | 200



\$15.50 Code 6019


Home Health Care

Medline
Invalid Foam Ring Contoured Cushion 16"
Units | 1



\$27.00 Code 3377

Medline
Graphite Color Stack-A-Pan Bedpan
Units | 1



\$2.00 Code 3562

Medline
Plug-In LED Nightlight, White
Units | 2



\$8.50 Code 1772

Oral Care

Keep that smile glowing with toothbrushes, toothpaste and floss (and denture adhesive and cleaner, too). Added bonus: good dental hygiene helps your overall health too.

Colgate Sonic
Adult Battery
Powered Toothbrush
Units | 1



\$17.00

Code 6192

Oral-B
Glide Pro-Health
Deep Clean Cool
Mint Dental Floss
Units | 3



\$16.00

Code 3779

GUM
Proxabrush
Go-Betweens
Teeth Cleaners
Units | 10



\$6.00

Code 1487

Crest
Cavity Protection
Regular
Toothpaste
Units | 4.2 oz



\$3.75


Code 3321

Code	Description	Units	Price
6919	2-Sided Ivory Denture Brush	1	\$2.00
1882	Adult Toothbrush with Soft Bristles	2	\$4.50
1483	Biotene Dry Mouth Fluoride Toothpaste	4.3 oz	\$10.00
1482	Biotene Dry Mouth Moisturizing Spray	1.5 oz	\$10.00
1151	Colgate 360 Sonic Replacement Brush Heads Soft	2	\$13.00
6196	Colgate Toothbrush, Adult, Soft Bristles	1	\$2.00
3418	Colgate Travel Size Toothpaste	0.85 oz	\$2.00
3749	Colgate Triple Action Toothpaste, Mint, 3 Pack	6 oz	\$13.00
7647	Dental Travel 3-Piece Kit	1	\$6.00
1155	Denture Cleanser Tablets	90	\$5.00
1880	Disposable Tongue Scraper with Brush	2	\$6.00
1485	Extra Strength Denture Adhesive Mint	2 oz	\$5.50
1494	Fresh Mint Sensitive Teeth Toothpaste	4.3 oz	\$4.00
1154	Freshmint Waxed Mint Dental Floss, 100 yd.	1	\$3.00

Code	Description	Units	Price
3784	Gum Soft-Picks Original Dental Picks	50	\$6.50
5009	InterPlak Rechargeable Toothbrush Replacement Heads	2	\$19.00
2098	Medline Denture Container with Lid	1	\$2.00
1883	Medline Premium Wrapped Adult Toothbrush	1	\$2.00
4110	Medline SparkleFresh Toothpaste	2.75 oz	\$2.00
2227	Medline SparkleFresh Denture Adhesive Cream	2.4 oz	\$9.00
1163	Medline Super Soft Wrapped Adult Toothbrush	1	\$3.00
3791	Oral-B Crossaction Toothbrush, Soft Bristles	4	\$19.50
1879	Polident 3 Minute Antibacterial Daily Denture Cleanser	240	\$23.50
6920	Polident Overnight Whitening Denture Cleanser Tablets	84	\$9.50
7649	Sea Bond Lower Denture Seals	15	\$11.00
7648	Sea Bond Upper Denture Seals	15	\$11.00
3747	Sensodyne ProNamel Fresh Wave Toothpaste, 2 Pack	4 oz	\$19.50
1162	Super Poligrip Original Denture Adhesive Cream	2.4 oz	\$9.00
3815	Therabreath Dry Mouth Lozenge	100	\$13.00


Lip Balms & Treatments

Blistex
Medicated Lip Ointment
Units | 0.2 oz




\$3.25 Code 7904

Blistex
Medicated SPF15
Lip Balm
Units | 0.15 oz



\$2.75 Code 7888

GoodSense
Medicated Lip Balm
Treatment, 2 Pack
Units | 0.25 oz



\$7.00 Code 1158

Cotton Swabs

Code	Description	Units	Price
6064	Cotton-Tipped Applicators	750	\$10.00
1647	Simply Soft Cotton Swabs	300	\$5.00

Wipes & Cloths

Code	Description	Units	Price
3777	Cottonelle Flushable Wipes, Individual Pack	14	\$4.00
1102	Medline FitRight Aloe Personal Wipes Scented	48	\$4.00
1103	Medline FitRight Aloe Personal Wipes Scented	100	\$10.00
2312	ReadyBath Fresh Bathing Wipes Unscented	8	\$5.00
1116	ReadyFlush Biodegradable Flushable Wipes Scented	24	\$5.00
1117	ReadyFlush SELECT Biodegradable Flushable Wipes	48	\$7.50

Hand Sanitizers & Wipes

Code	Description	Units	Price
3305	Medline Spectrum Advanced Hand Sanitizer Gel	4 oz	\$4.00
4170	Medline Spectrum Advanced Hand Sanitizer Gel	8 oz	\$6.00
3971	Medline Spectrum Advanced Hand Sanitizer Wipes 5.5" x 8"	20	\$4.00
6078	Wet Ones Antibacterial Hand Wipes	20	\$4.00

Skin Care & Hair Care

Code	Description	Units	Price
1404	CareAll Petroleum Jelly	4 oz	\$3.00
3746	Gold Bond Diabetic Dry Skin Lotion	13 oz	\$15.00
1067	GoodSense Epsom Salt	16 oz	\$5.00
2045	MyDerm Aloe Gel	16 oz	\$9.00

Feminine Care

Code	Description	Units	Price
1201	GoodSense Miconazole 3-Day Vaginal Suppository Cream	1	\$18.00
1202	Miconazole Nitrate 2% 7-Day Vaginal Cream With Applicator	1	\$9.00
5010	Kimberly-Clark Kotex Light Days Panty Liners	64	\$10.50
6157	Panty Liner, 7"	40	\$7.00

Sunscreens

Using sunscreen daily protects your skin from harmful UV rays, prevents premature aging, and reduces the risk of skin cancer. Enjoy the sun safely with this essential skincare product.

Neutrogena

Beach Defense Spray,
SPF 70
Units | 6.5 oz



Code 6071

\$14.00

Solar Screen

Ultra Sunscreen
Lotion, SPF 30
Units | 8 oz



Code 1252

\$6.00

Code	Description	Units	Price
1527	Sunscreen Lotion, SPF 50	8 oz	\$9.00
6169	Sport Sunscreen Spray, SPF 50, 2 Pack	11 oz	\$24.50

Compression Garments

Code	Description	Units	Price
1993	CURAD Arthritis Relief Compression Gloves S, Gray	1 Pair	\$15.00
1702	CURAD Arthritis Relief Compression Gloves M, Gray	1 Pair	\$15.00
1701	CURAD Arthritis Relief Compression Gloves L, Gray	1 Pair	\$15.50
1434	CURAD Knee Compression Dress Sock 8-15mmHg, Black, S	1 Pair	\$18.00
1435	CURAD Knee Compression Dress Sock 8-15mmHg, Black, M	1 Pair	\$18.00
1436	CURAD Knee Compression Dress Sock 8-15mmHg, Black, L	1 Pair	\$18.00
1130	CURAD Knee Compression Hosiery 8-15mmHg, Black S	1 Pair	\$17.50
1128	CURAD Knee Compression Hosiery 8-15mmHg, Black, M	1 Pair	\$17.50
1126	CURAD Knee Compression Hosiery 8-15mmHg, Black, L	1 Pair	\$17.50
1438	CURAD Knee Compression Hosiery 8-15mmHg, Black, XL	1 Pair	\$17.50
2204	Dr. Scholl's Diabetic and Circulatory Crew Socks with Mild Compression, Black, S	1 Pair	\$12.00
1141	Dr. Scholl's Diabetic and Circulatory Crew Socks with Mild Compression, Black, M	1 Pair	\$12.00
1139	Dr. Scholl's Diabetic and Circulatory Crew Socks with Mild Compression, Black, L	1 Pair	\$12.00
1978	Dr. Scholl's Diabetic and Circulatory Crew Socks with Mild Compression, Black, XL	1 Pair	\$12.00

Foot Care

Code	Description	Units	Price
3941	Active Blister Prevention Stick	1	\$10.50
1132	CURAD Mediplast Wart Remover Pads 2" x 3"	1	\$4.00
3758	Gold Bond Medicated Diabetic Foot Cream	3.4 oz	\$10.00
1433	GoodSense Corn Cushions	9	\$4.50
6881	GoodSense Foot Powder	7 oz	\$8.00
1440	Medline Gel Hallux Bunion Guard	1	\$9.00
1441	Medline Gel Hammer Toe Crest	1	\$8.00
1442	Medline Gel Toe Straighteners	4	\$12.00
1974	Silipos Therastep Gel Toe Protector	1	\$9.00

Eye Care

Code	Description	Units	Price
3409	Advanced Eye Wash Irrigating Solution	4 fl oz	\$6.00
1630	Artificial Tears Lubricant Eye Drops	0.5 oz	\$7.00
3740	Clear Eyes Max Itchy Eye Relief	0.5 oz	\$11.50
1036	GoodSense Irritation Relief Eye Drops	15 mL	\$7.50
3771	Lubricating Eye Drops, Advanced Dry-Eye Relief	30 mL	\$23.00
1040	Redness Reliever Eye Drop, Ophthalmic Solution	15 mL	\$5.00
6053	Soothe Nighttime Lubricant Eye Ointment	3.5g	\$15.00
6220	Eye Multi-Purpose Comfort Contact Solution	12oz	\$10.00
3379	Unisex Reading Glasses +1.00, Black	1	\$4.00
3380	Unisex Reading Glasses +1.25, Black	1	\$4.00
3365	Unisex Reading Glasses +1.50, Black	1	\$4.00
3366	Unisex Reading Glasses +1.75, Black	1	\$4.00
3367	Unisex Reading Glasses +2.00, Black	1	\$4.00
3368	Unisex Reading Glasses +2.25, Black	1	\$4.00
3369	Unisex Reading Glasses +2.50, Black	1	\$4.00
3381	Unisex Reading Glasses +2.75, Black	1	\$4.00
3370	Unisex Reading Glasses +3.00, Black	1	\$4.00
3371	Unisex Reading Glasses +3.25, Black	1	\$4.00
3372	Unisex Reading Glasses +3.50, Black	1	\$4.00
3382	Unisex Reading Glasses +4.00, Black	1	\$4.00

Ear Care

Code	Description	Units	Price
3782	Earwax Removal Kit	1	\$13.00
6075	Major Ear Wax Drops	1	\$4.00
3422	Swim-EAR Drops	1 oz	\$9.00

Repellents

Code	Description	Units	Price
1048	Ben's DEET Tick and Insect Repellent	3.4oz	\$11.50
6159	Insect Repellent, Deep Woods, Aerosol	6 oz	\$12.00

Multivitamins

An apple a day is good, but a multi-vitamin and supplements may be even better. We cover a variety of different vitamins and supplements. Ask your doctor if any of them are right for you.

Vitafusion Women's
Multi-Vitamin Gummies
Units | 150



Code 7264

\$16.50

Vitafusion Men's
Multi-Vitamin Gummies
Units | 150



Code 7263

\$16.50

Code	Description	Units	Price
6114	Centrum Silver Adults 50+ Tablets	125	\$20.00
3867	Centrum Silver Women's 50+ Tablets	200	\$32.00
3866	Centrum Silver Men's 50+ Tablets	200	\$32.50
1261	21st Century Sentry Senior Multivitamin Mineral Tablets	100	\$9.00
3836	Elderberry Gummies 50mg	60	\$19.00
2252	Multivitamin with Minerals for Seniors Age 50+ Tablets	60	\$7.50
1276	Sentry Multivitamin & Mineral Tablets	130	\$10.50
3728	VitaJoy Adult Multivitamin and Mineral Gummies	120	\$21.00

Letter Vitamins

Code	Description	Units	Price
1286	21st Century Vitamin A Softgels 10,000 IU	110	\$9.00
2074	21st Century Vitamin B-50 Complex Tablets	60	\$8.00
3856	21st Century Vitamin D3 Gummies 2000 IU	120	\$11.00
1292	GeriCare Vitamin B-6 Tablet 100mg	100	\$9.00
6234	GeriCare Vitamin C Tablet 500mg	100	\$9.00
3855	GeriCare Vitamin D3 Tablets 1000 IU	100	\$9.00
1297	GeriCare Vitamin E Softgels 180 mg	100	\$7.00
1751	ImmuBlast Immune System Chewable Tablet	32	\$12.00
6096	Nature's Bounty Vitamin C, Orange, Gummy 80Ct	80	\$12.00
7236	Rugby Folic Acid Tablet 800mcg	100	\$6.00
2073	Vitamin B Complex with Vitamin C Tablet 300mg	100	\$9.00
1289	Vitamin B-12 Tablet 1000mcg	100	\$9.00
1291	Vitamin B-12 Tablet 500mcg	100	\$9.00
1750	Vitamin C-500 Chewable Tablets 500mg	110	\$11.00
2233	Vitamin D3 Softgels 2000 IU	100	\$8.00

Digestive Health

<p>Guardian Clear Prebiotic Fiber Powder Supplement Units 8.8 oz</p>  <p>\$14.00 Code 3732</p>	<p>Metamucil Fiber Supplement Caplets Units 160</p>  <p>\$29.00 Code 6103</p>	<p>Natural Psyllium Fiber Powder Supplement Units 10 oz</p>  <p>\$14.00 Code 1734</p>
--	---	---

Antioxidants

Code	Description	Units	Price
1743	Alpha Lipoic Acid Capsules 300mg	50	\$16.50
6084	Coenzyme Q10 Gummies 100mg	60	\$19.50
1265	Coenzyme Q10 Softgels 100mg	30	\$11.00

Supplements

<p>Nature's Bounty Fish Oil Softgels 1200mg Units 120</p>  <p>\$15.00 Code 3845</p>	<p>21st Century Glucosamine 500mg and Chondroitin 400mg Capsules Units 60</p>  <p>\$14.00 Code 7287</p>	<p>Nature's Bounty Krill Oil Softgels 500mg Units 30</p>  <p>\$22.00 Code 6085</p>
---	---	--

Code	Description	Units	Price
6095	21st Century Lutein Softgel 20 mg	60	\$17.00
1632	Bausch+Lomb AREDS 2 PreserVision Eye Vitamin Softgels	120	\$40.00
2063	Beta Carotene 25000 IU With Vitamin A Softgels	100	\$9.00
6227	Biotin B7 Vitamin Tablets 1000mcg	100	\$9.00
1267	Healthy Eyes Multivitamin Mineral Tablets with Lutein	60	\$9.00
3416	Medline Flaxseed Oil Softgel 1000mg	60	\$7.00
7289	PlusPharma Melatonin Tablets 5mg	90	\$6.00
6089	Sleep3 Tri-Layer Melatonin Tablets 10mg	30	\$16.50
1755	Triple Strength Glucosamine 750mg Chondroitin 600mg Tablets	100	\$26.50
3730	Vitajoy Melatonin Sleep Support Gummies 5mg	120	\$15.00
3893	YumVs Complete Glucose Gummies, Fruit Flavor	60	\$12.50

Minerals

Code	Description	Units	Price
7256	21st Century Chewable Calcium with Vitamin D	60	\$10.00
2064	21st Century Chromium Picolinate Tablets 200mcg	100	\$10.00
2067	21st Century Iron Ferrous Gluconate Tablets 27mg	100	\$9.00
7795	21st Century Zinc 50mg	110	\$9.00
6238	Calcium Citrate 315mg + Vitamin D3 6.25mg Tablets	120	\$12.00
1269	Ferrous Sulfate Iron Tablets 325mg	100	\$5.00
1745	GeriCare Magnesium Oxide Tablets 400mg	120	\$16.00
3401	GeriCare Zinc Sulfate Tablets 50mg	100	\$6.00
1754	GoodSense Chocolate Calcium Chews 650mg	60	\$17.00

Amino Acids

Code	Description	Units	Price
1746	Mason Natural L-Lysine Tablet 500mg	100	\$9.00

Hot & Cold Therapies

Hot and cold therapy is used in physical therapy for reducing pain, improving circulation, and speeding up recovery.

Code	Description	Units	Price
1934	Briggs Deluxe Electric Moist Heat Pad 24.5" x 11.5"	1	\$50.00
6235	Electric Heating Blanket 50" x 60", Light Grey	1	\$55.00
6236	Electric Neck and Shoulder Wrap 18" x 15.5", Dark Blue	1	\$36.00
7186	Hot/Cold Eye Mask	1	\$15.00
1041	Medline Accu-Therm Reusable Hot/Cold Gel Pack 5" x 10"	1	\$3.00
1915	Medline Reusable English-Style Ice Bag	1	\$6.00

Daily Living Aids

Medline
Pistol Grip Reacher 26"
Units | 1



\$25.00

Code 2188

Medline
Medicine Dropper
Units | 1



\$6.00

Code 7121

Medline
Steel Shoehorn 18"
Units | 1



\$6.50

Code 7118

Braces & Supports

CURAD
Performance Figure 8
Elastic Ankle Wrap,
Black
Units | 1



\$9.00

Code 4161

CURAD
Knit Heel and Elbow
Protector
Units | 2



\$12.00

Code 5014

Code	Description	Units	Price
4166	CURAD Back Support with Dual-Pulley System, S/M	1	\$22.00
4165	CURAD Back Support with Dual-Pulley System, L/XL	1	\$22.00
6007	CURAD Back Support with Dual-Pulley System, 2XL	1	\$22.00
6005	Curad Elbow Support Dual Strap Wrap-Around	1	\$11.00
4164	CURAD Performance Elastic Pull-Over Wrist Support, S	1	\$18.00
4163	CURAD Performance Elastic Pull-Over Wrist Support, M	1	\$18.00
4160	CURAD Performance Elastic Pull-Over Wrist Support, L	1	\$18.00
4162	CURAD Performance Elastic Pull-Over Wrist Support, XL	1	\$20.00
3738	CURAD Pull-Over Knee Support, Elastic, S, 9"	1	\$10.00
4159	CURAD Pull-Over Knee Support, Elastic, M, 9"	1	\$10.00
4157	CURAD Pull-Over Knee Support, Elastic, L, 9"	1	\$10.00
4158	CURAD Pull-Over Knee Support, Elastic, XL, 9"	1	\$9.00
5019	CURAD Pull-Over Knee Support, Elastic, 2XL, 9"	1	\$6.00
4202	CURAD Universal Thumb Brace Retail	1	\$15.00
6003	Infrared Elastic Ankle Support, S/M	1	\$11.00
6004	Infrared Elastic Ankle Support, L/XL	1	\$11.00
1705	Medline Carpal Tunnel Glove with Flexible Splint, Black, S	1	\$17.00
1704	Medline Carpal Tunnel Glove with Flexible Splint, Black, M	1	\$17.00
1703	Medline Carpal Tunnel Glove with Flexible Splint, Black, L	1	\$17.00
1176	Medline Neoprene Slip-On Elbow Support, Black, S	1	\$7.00
1175	Medline Neoprene Slip-On Elbow Support, Black, M	1	\$7.00
1174	Medline Neoprene Slip-On Elbow Support, Black, L	1	\$7.00
1512	Medline Neoprene Slip-On Elbow Support, Black, XL	1	\$7.00

Fitness Technology

Deluxe Pedometer
with Steps, Distance,
and Calories
Units | 1



\$10.00

Code 4153

Medline
Heart Rate Monitor
Pedometer Watch, Black
Units | 1



\$40.00

Code 1651

Exercise Bands, Balls, & Tubing

Code	Description	Units	Price
6174	Medline Economy Exercise Band, Non-Latex, Blue, Heavy, 5'	1	\$4.00
6173	Medline Economy Exercise Band, Non-Latex, Green, Medium, 5'	1	\$4.00
3439	Medline Economy Exercise Band, Non-Latex, Orange, Light, 5'	1	\$3.50

Hand Therapy

Code	Description	Units	Price
6179	Gel Hand Exerciser Ball, Firm, Blue	1	\$10.00
6178	Gel Hand Exerciser Ball, Medium, Orange	1	\$10.00
6177	Gel Hand Exerciser Ball, Soft, Red	1	\$10.00

Strength Training

Code	Description	Units	Price
6181	Cuff Weight, Blue, 1lb	1	\$16.50
6182	Cuff Weight, Red, 2.5lbs	1	\$23.00

Face Covering

Face coverings like respirators and surgical masks provide vital protection against airborne particles, reduce infection risk, and promote public health safety.

Code	Description	Units	Price
6079	Cone-Style N95 Particulate Respirator Masks, White, Regular Size	20	\$18.00
3669	Medline Full Disposable Face Shield with Foam Top	1	\$4.00
3605	Procedure Face Masks with Ear Loops - ATSM Level 1	50	\$9.00

Apparel

Code	Description	Units	Price
1774	Medline Single-Tread Slippers Blue One Size	1 Pair	\$3.50

Briefs

Code	Description	Units	Price
1425	Medline FitRight OptiFit Ultra Disposable Brief, S	20	\$25.00
1113	Medline FitRight OptiFit Ultra Disposable Brief, M	20	\$25.00
1112	Medline FitRight OptiFit Ultra Disposable Brief, L	20	\$27.00
1114	Medline FitRight OptiFit Ultra Disposable Brief, XL	20	\$30.00
1423	Medline FitRight OptiFit Ultra Disposable Brief, 2XL	20	\$20.00

Underpads

Code	Description	Units	Price
1619	Medline FitRight Underpad Heavy Absorbency 30" x 36"	10	\$9.50
1616	Medline Pro Plus Standard Fluff Underpad 23" x 36"	10	\$5.00
1528	Medline Skinfold Dry Sheets 6" x 14"	10	\$9.50
1614	Medline Sofnit 300 Reusable Underpad 34" x 36"	1	\$11.50
1838	Medline Sofnit 300 Reusable Underpad 34" x 48"	1	\$15.00
1119	Medline Pro Plus Best Polymer Underpad 23" x 36"	10	\$6.00
1427	Premium Disposable Polymer Underpads 30" x 30"	10	\$12.00
1406	Ultrasorbs Premium Underpads 23" x 36"	10	\$15.00

Protective Underwear

Code	Description	Units	Price
1852	Medline FitRight Ultra Disposable Underwear M	20	\$22.00
1850	Medline FitRight Ultra Disposable Underwear L	20	\$24.00
1854	Medline FitRight Ultra Disposable Underwear XL	20	\$26.00
1416	Medline Men's FitRight Underwear Heavy Absorb S/M	20	\$15.50
1417	Medline Men's FitRight Underwear Heavy Absorb L/XL	20	\$17.00
1831	Medline Men's Reusable Bladder Control Brief M	1	\$19.50
1830	Medline Men's Reusable Bladder Control Brief L	1	\$19.50
1833	Medline Men's Reusable Bladder Control Brief XL	1	\$19.50
1834	Medline Men's Reusable Bladder Control Brief 2XL	1	\$19.50
1418	Medline Women's FitRight Underwear Heavy Absorb S/M	20	\$17.50
1419	Medline Women's FitRight Underwear Heavy Absorb L/XL	20	\$18.00

Incontinence | Bladder Pads

Bladder Pads

Code	Description	Units	Price
1816	Medline ContourPlus Bladder Pad Maximum 6.5" x 13.5"	28	\$16.00
1817	Medline ContourPlus Bladder Pad Moderate 5.5" x 10.5"	28	\$12.00
1105	Medline ContourPlus Bladder Pad Ultimate 8" x 17"	28	\$14.00
1414	Medline FitRight Bladder Pad Maximum 5.5" x 13.75"	10	\$5.00
1413	Medline FitRight Bladder Pad Moderate 4.3" x 11"	16	\$6.50
3375	Medline FitRight Bladder Pad Overnight 8.5" x 16"	24	\$19.00
1415	Medline FitRight Bladder Pad Ultimate 5.5" x 15.75"	10	\$5.00
1412	Medline FitRight Bladder Pads Light 3.5" x 9"	20	\$6.50

Incontinence | Liners

Liners

Medline
 FitRight Plus Incontinence Liner
 13" x 30"
 Units | 20



\$16.00

Code 1108

Bathroom Safety Equipment

Taking precautions to prevent falls and safety-proof your bathroom helps you stay in place. These bath mats, chairs, grab bars, raised toilet seats and walkers can make all the difference.

Code	Description	Units	Price
6168	5" Raised Toilet Seat, With Lock, No Arms, 400 lb Capacity	1	\$47.00
3967	Aluminum Bath Bench with Back, 400lb Capacity Gray	1	\$48.00
6046	Aluminum Foldable Toilet Safety Rails	2	\$40.00
3939	Clear Bath Mat, 16" x 40"	1	\$20.00
4174	Medline 12" Knurled Chrome Grab Bar, 250lb Capacity	1	\$18.50
2093	Medline 3-in-1 Folding Steel Commode, 350lb Capacity	1	\$45.00
6165	Medline Bathroom Wall Mount Suction Grab Bar 12", 250lb Capacity	1	\$15.50
1634	Medline Guardian Toilet Safety Rails, 300lb Capacity	1	\$55.00
1003	Medline Knockdown Bath Bench with Arms and Back, 350lb Capacity	1	\$54.50
1771	Medline Knockdown Transfer Bench with Microban, 350lb Capacity	1	\$88.00
1008	Medline Nonslip Tub and Stair Safety Treads	8	\$8.00
6166	Medline Rubber Bath Mat, 13.4" x 29"	1	\$16.50
4061	Medline Transfer Bench with Back, 400lb Capacity	1	\$75.00
6161	Shower Chair without Back, 13.75"-20.5" Seat Height, 400 lb Capacity	1	\$35.00

Canes, Rollators, & Accessories

Code	Description	Units	Price
6162	Aluminum Quad Cane, Small Base, Black	1	\$20.00
5013	Medline Folding T-Handle Aluminum Cane 250lb Capacity Black	1	\$25.00
6042	Medline Offset Handle Aluminum Cane 300lb Capacity Black	1	\$14.50
4156	Medline Standard Aluminum Black Cane	1	\$15.00
4168	Medline Steel Bariatric Quad Cane Lg Base 300lb Capacity Black	1	\$29.00

Medline

Basic Steel Rollator
w/ 6" Wheels, 350lb Capacity
Units | 1



\$79.00

Code 6044

Medical Nutrition

Your nutritional health is essential, and medical nutrition solutions are here to support you every step of the way. Whether you're managing specific dietary needs or just aiming to boost your overall well-being.

Boost
Glucose Control,
Very Vanilla
Units | 1



\$5.00

Code 3803

Medline
Active Gelatein 20
Supplement,
Fruit Punch Flavor,
4 oz cups
Units | 36



\$95.00

Code 6209

Nutritional Shake
Chocolate
8 oz
Units | 24



\$49.00

Code 5028

Kate Farms
Standard 1.4
Vanilla
11 oz
Units | 1



\$6.50

Code 6201

Code	Description	Units	Price
3467	Active Gelatein Plus Supplement, Lemon Flavor 4 oz cups	36	\$103.00
6213	Active Gelatein20 Gelatin, Cherry Flavor 4 oz cups	36	\$95.00
6216	Active Gelatein20 Gelatin, Pineapple Flavor 4 oz cups	36	\$103.00
3803	Boost Glucose Control, Very Vanilla	1	\$5.00
3802	Boost Plus Drink, Very Vanilla, 8 oz	24	\$59.00
3801	Ensure Original Nutrition Shake, Milk Chocolate, 8 oz	24	\$65.00
6222	Kate Farms Standard 1.4 Plain 11 oz	1	\$8.00
6211	Medline Active Gelatein 20 Supplement, Orange Flavor 4 oz cups	36	\$95.00
4096	Medline Active Protein Powder, 8 oz	1	\$21.00
6219	Nepro Ready-to-Hang Nutritional Supplement, Vanilla 1L	1	\$34.50
5029	Nutritional Shake, Vanilla 8 oz	24	\$49.00

Canned Goods & Instant Foods

Canned and instant foods make it easy to have healthy, nutritious ingredients on-hand without a special trip to the store. Keep staples like chicken stock, applesauce, tomatoes, and tuna in your pantry so you're always ready to whip up a quick, satisfying meal.



Code	Description	Units	Price
7537	Apple Sauce Multi-Pack	6 ct	\$6.00
7544	Baked Beans	16 oz	\$5.00
6793	Black Beans	15 oz	\$3.00
7531	Chicken Broth Small	14.5 oz	\$4.00
6773	Chicken Broth Large	49.5 oz	\$9.00
7532	Chicken Stock	32 oz	\$6.00
6798	Corn	14 oz.	\$3.00
7541	Crushed Tomatoes	28 oz	\$5.50
6794	Cut Yams	29 oz	\$6.00
6795	Diced Tomatoes	15 oz	\$4.00
7538	Fresh Cut Sliced Carrots	14.5 oz	\$3.00
7539	Fresh Cut Sweet Peas	8.5 oz	\$2.50
7542	Fresh Cut Whole New Potatoes	13.5 oz	\$5.00
7543	Fruit Cocktail In Heavy Syrup	8.5 oz	\$4.00
6796	Garbanzo Beans	15.5 oz	\$3.50
6797	Green Beans Cut	14.5 oz	\$4.00
6799	Mixed Vegetables	15 oz	\$3.00
7533	Pam Sautee & Grill Spray	17 oz	\$8.00
6776	Peaches, Sliced	8.5 oz	\$7.00
7534	Pear Halves In Heavy Syrup	29 oz	\$4.00
6775	Pineapple Slices In 100% Juice	8 oz	\$5.00
6800	Pinto Beans	16 oz	\$3.00
7546	Pure Honey	12 oz	\$14.00
6792	Red Kidney Beans	15 oz	\$5.00
7545	Salmon Red Sockeye	14.75 oz	\$19.50
7535	Sliced Beets	14.5 oz	\$9.00

Code	Description	Units	Price
7536	Sliced New Potatoes	14.5 oz	\$5.00
7540	Sliced Peaches In Heavy Syrup	8.5 oz	\$5.00
6801	Tomato Paste	12 oz	\$3.00
6782	Tuna Light in Water	2.5 oz	\$1.50

Beverages

Code	Description	Units	Price
6772	Almond Milk, Sweetened Original	32 oz	\$9.00
6771	Coconut Water	1	\$5.00
7530	Non-Dairy Powdered Creamer Original	1	\$5.00
6774	Sweet Condensed Milk	14 oz	\$5.00

Cereals & Oatmeal

Fuel your body with the power of whole grains. Packed with B-vitamins, fiber, and essential minerals, they're the secret to better digestion, a happy heart, and all-day energy. Whether you're diving into a bowl of oatmeal, grabbing a crunchy cereal bar, or savoring your favorite superfoods, it's super easy to get your daily dose of grains—and feel good while doing it!



Code	Description	Units	Price
7551	Corn Flakes Cereal	18 oz	\$10.00
7552	Granola Bar, Oats 'n Honey	12 ct	\$8.00
7553	Old Fashioned Oatmeal	42 oz	\$9.50
7554	Original Instant Oatmeal	10 ct	\$6.00
7548	Raisin Bran Cereal	24 oz	\$17.00
7549	Rice Krispies Cereal	12 oz	\$8.50
7550	Special K Cereal	18 oz	\$10.00

Condiments & Sauces

Code	Description	Units	Price
6818	Ketchup	20 oz.	\$5.00
6822	Peanut Butter, Creamy	16 oz	\$8.00
6825	Salt & Pepper	1	\$5.00
6821	Spaghetti Sauce	24 oz	\$4.00
6819	Yellow Mustard	12 oz	\$4.00

Prepackaged Meals

Prepackaged meals are the perfect solution to “What’s for dinner tonight?” when you’re short on time or want a convenient, no-fuss option. They come in a variety of choices to suit different tastes and dietary needs, from healthy, balanced options to comfort foods. With minimal prep and cleanup, these meals make it easy to enjoy a delicious, portion-controlled dinner in minutes.



Code	Description	Units	Price
4192	10-Meal Variety Pack	1	\$111.00
4193	14-Meal Variety Pack	1	\$166.00
4194	4-Meal & Grocery Combo Box 1	1	\$57.00
4198	4-Meal & Grocery Combo Box 2	1	\$57.00
4190	5-Meal Variety Pack	1	\$56.00
4195	6-Meal & Grocery Combo Box 1	1	\$85.00
4199	6-Meal & Grocery Combo Box 2	1	\$85.00
4196	6-Meal & Large Grocery Combo Box 1	1	\$120.00

Food Nutrition | Prepackaged Meals

Code	Description	Units	Price
4200	6-Meal & Large Grocery Combo Box 2	1	\$120.00
4191	7-Meal Variety Pack	1	\$84.00
4186	American Classics Grocery Box	1	\$57.00
4187	Best of the Basics Grocery Box	1	\$56.00
4181	Deep Sea Pack	1	\$32.00
4179	Fall Spice Oatmeal	1	\$32.00
4175	Farm Fresh Produce	1	\$32.00
4184	Farmer's Market Basket	1	\$56.00
4183	Good Mornings Breakfast Pack	1	\$32.00
4188	Healthy Habits Grocery Box	1	\$85.00
4185	Jumbo Farmer's Market Basket	1	\$84.00
4176	Latin Loveable Pack	1	\$32.00
4177	Mediterranean Shores Pack	1	\$32.00
6262	Medline Fresh Produce Box - Anti-Inflammatory	1	\$45.00
6265	Medline Fresh Produce Box - Asian Cuisine	1	\$45.00
6263	Medline Fresh Produce Box - Diabetic Friendly	1	\$45.00
6268	Medline Fresh Produce Box - Fruits	1	\$45.00
6264	Medline Fresh Produce Box - Healthy Snacking	1	\$45.00
6266	Medline Fresh Produce Box - Hispanic Cuisine	1	\$45.00
6267	Medline Fresh Produce Box - Mixed Produce	1	\$45.00
6261	Medline Fresh Produce Box - Vegetables	1	\$45.00
4197	Mega Meal & Grocery Combo Box	1	\$180.00
4180	Nature's Best Produce	1	\$32.00
4178	Peanut Butter Snack Pack	1	\$33.00
6843	Premium Anti-Inflammatory Box	1	\$50.00
6846	Premium Asian Produce Box	1	\$50.00
6844	Premium Diabetes-Friendly Box	1	\$50.00
6841	Premium Farm Fresh Vegetable Box	1	\$50.00
6845	Premium Healthy Snacking Box	1	\$50.00
6847	Premium Hispanic Produce Box	1	\$50.00
6840	Premium Mixed Produce Box	1	\$50.00
6842	Premium Seasonal Fresh Fruit Box	1	\$50.00
4182	Quick & Easy Lunch	1	\$33.00
4189	Supermarket Selects Grocery Box	1	\$84.00

Grains & Pasta

Grains and pasta are nutritious staples, rich in fiber, B-vitamins, and minerals. Whole grains like brown rice support digestion and heart health, while pasta offers a versatile base for balanced meals.



Code	Description	Units	Price
7556	Angel Hair Pasta	16 oz	\$3.00
6833	Extra Long Grain Enriched Rice	2 lbs	\$6.00
7557	Fettuccine Pasta	16 oz	\$4.00
7558	Linguine Pasta	16 oz	\$2.50
6834	Natural Brown Rice	2 lbs	\$4.50
6830	Pasta Ziti	16 oz	\$3.00
7555	Ready Pasta	8.5 oz	\$5.50
6831	Spaghetti Gluten Free Pasta	12 oz	\$6.00
6832	Spaghetti Pasta	16 oz	\$3.00
7559	Whole Grain Brown Rice	8.8 oz	\$4.50



Be sure to use your benefit dollars. We want you to take advantage of this benefit and use it to buy the things you need to stay happy and healthy!



Your benefits reload at the beginning of each month



If you are experiencing a medical emergency, dial 9-1-1. This material is for informational purposes only and should not be relied on as medical advice. Consult with your healthcare provider to choose products that are right for you. We make every effort to provide information that is accurate and timely, but make no guarantee in this regard.

This catalog is not an exhaustive list of eligible OTC products or participating retailers. This information is not a complete description of your benefits. The item scanner is provided for your convenience, but accuracy is not guaranteed. Please review your plan materials to learn more about what is covered by your benefits.

Items listed in the catalog do not constitute endorsements by Soda Health &more or your health plan. Pricing is subject to change without notice. Items listed may not be available at time of ordering.

Some items in this catalog under certain circumstances may be covered under either Medicare Part B or Part D. If an item is covered by your Part B or D OTC benefit, you would not pay for the item using your Part C OTC benefit. Please review your plan materials for more information.

Some items in this catalog are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your healthcare provider or satisfying other requirements that your plan may specify - please refer to your plan materials for more information.

AmeriHealth Caritas VIP Care is an HMO-SNP plan with a Medicare contract and a contract with the Pennsylvania Medicaid program. Enrollment in this plan depends on contract renewal.

You can get this document for free in other formats, such as large print, braille, or audio.

Call 1-866-533-5490 (TTY 711),

October 1 – March 31, 8 a.m. – 8 p.m., seven days a week.

From April 1 – September 30, call 8 a.m. – 8 p.m., Monday through Friday.

The call is free.

&more Benefits Prepaid Mastercard® is issued by Avidia Bank, pursuant to a license from Mastercard Incorporated. Use of this card is subject to the terms and conditions of the Cardholder Agreement.

Over-the-Counter (OTC) and Grocery Catalog 2025

