

## **Behavioral Health Clinical Fax Form**

When complete, please fax to **1-833-329-3586**.

roday's date:		Date of adr	mission o	r service star	τ:		_		
Type of review						Estimate	d length	of stay	
☐ Precertification ☐ Continued stay ☐ Discharge							(days/units)		
Type of admissi	on								
☐ Intensive outpati	ent □ Mental l	nealth inpatient 🗆 Pa	artial hosp	italization pro	ogram 🗆 Suk	ostance use de	tox in a ho	spital setting	
Admission statu	us					Readmis	sion wit	hin 30 days	
☐ Voluntary ☐ In		☐ Yes ☐ No							
,									
Member inform	ation								
Last, first, middle initial:					Date of bir	Date of birth:			
Address:					Eligibility I	Eligibility ID:			
Emergency contact (other than primary caregiver):					Phone:	Phone:			
Parent, guardian, o	r legal represen	tative:			Phone:				
Provider inform	nation								
Facility or provider name:				NPI or tax ID: Provider ID:					
Address:				Attending M.D.:					
UM Review contact:				Phone:					
DSM-5 diagnoses	(include mental	health, substance use	e, and med	dical):					
Medications									
Medication name	Dosage	Frequency	Date	te of last Type of change					
					□ Increase	□ Decrease	□ D/C	□ New	
					□ Increase	☐ Decrease	□ D/C	□ New	
					□ Increase	□ Decrease		□ New	
						☐ Decrease			
					☐ Increase	□ Decrease	□ D/C	☐ New	

Original 1/1/2023

Additional information:

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Treatment history and current treatment participation Previous mental health or substance use inpatient, rehab, detox:

Presenting problem or current clinical update (e.g., suicidal ideation, homicidal ideation, psychotic symptoms, mood/affect, sleep, appetite, withdrawal symptoms, chronic substance use)

Outpatient treatment history:							
Is the member attending therapy and groups? $\ \square$ Yes $\ \square$ No							
Explain clinical treatment plan:							
Family involvement and support system:							
Substance use: ☐ Yes ☐ No							
If yes, for mental health services only, please explain how substance use is being treated.							
Please complete below for current American Society of Addiction Medicine (ASAM) dimensions and/or submit with documentation for substance use detox.							
Dimension rating (0 – 4) Current ASAM dimensions are required.							
Dimension 1: Acute intoxication and/or withdrawal potential	Rating:						
Substances used (pattern, route, last used):							
Tox screen completed? □ Yes □ No							
If yes, results:							
History of withdrawal symptoms:							
Current withdrawal symptoms:							
Dimension 2: Biomedical conditions and complications	Rating:						
Vital signs:							
Is member under a health care provider's care? $\Box$ Yes $\Box$ No							
Current medical conditions:							
History of seizures? ☐ Yes ☐ No							
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Dimension rating (0 – 4) continued Current ASAM dimensions are required.						
Dimension 3: Emotional, behavioral, or cognitive conditions and complications	Rating:					
Mental health diagnosis:						
Cognitive limits? ☐ Yes ☐ No						
Psych medications and dosages:						
Current risk factors (e.g., suicidal ideation, homicidal ideation, psychotic symptoms):						
Dimension 4: Readiness to change	Rating:					
Awareness and commitment to change:						
Internal or external motivation:						
Stage of change, if known:						
Legal problems/probation officer:						
Dimension 5: Relapse, continued use, or continued problem potential	Rating:					
Relapse prevention skills:						
Current assessed relapse risk level: ☐ High ☐ Moderate ☐ Low						
Longest period of sobriety:						
Dimension 6: Recovery and living environment	Rating:					
Living situation:						
Sober support system:						
Attendance at support group:						
Issues that impede recovery:						
Discharge planning						
Discharge planner name and contact:						
Residence address upon discharge:						
Treatment setting and provider upon discharge:						
Has a post-discharge seven-day follow-up aftercare appointment been scheduled? ☐ Yes ☐ No						
If no, please explain:						
If yes, please provide treatment provider name and date and time of scheduled follow-up:						

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